



Alano Club of Kent County Meeting Schedule as of 12.16.2020

1020 College Ave NE, Grand Rapids MI 49503 616-456-5709

Monday

9:00 AM – Balcony – Breathe Easy AA
Noon - Balcony - Noon Balcony Group – AA
Noon - RM A - AA Lunch Group – AA
Noon - RM 1 - Surrender Group – AA
Noon - RM 3 - No First Drink – AA
Noon – RM 5 – Keep on Growing – Women’s – AA
Noon – RM 4 – Keep Coming Back – NA
5:30p – Balcony – Friendship Group – AA- C
6:00p – RM A – Women’s Get Together – SMART
6:00p – RM 1 – St. Stephen’s Happy Hour - AA
6:30p – RM 3 – Atheists, Agnostics, & Freethinkers Group – Secular AA
7:30p – Balcony -Life Club Group – Men’s Stag – C
8:00p – RM3- Open Change - NA

Tuesday

9:00 AM – Balcony – Breathe Easy AA
Noon - Balcony - Noon Balcony Group – AA
Noon - RM A - AA Lunch Group – AA
Noon - RM 1 - Surrender Group – AA
Noon – RM 3 - No First Drink – AA
5:30p – Balcony – Friendship Group – AA- C
6:00p – RM 1 – St. Stephen’s Happy Hour - AA

Wednesday

9:00 AM – Balcony – Breathe Easy AA
Noon - Balcony - Noon Balcony Group – AA
Noon - RM A - AA Lunch Group – AA
Noon - RM 1 - Surrender Group – AA
Noon – RM 2 - Al-Anon Meeting
Noon - RM 3 - No First Drink – AA
Noon – RM 4– Keep Coming Back – NA
5:30p – Balcony – Friendship Group – AA- C
6:30p – RM A – SMART
6:00p – RM 1 – St. Stephen’s Happy Hour – AA
6:30p – RM 4 – Buddhist Based Recovery Meeting
7:00p – Balcony – Recovery Infused Yoga – **ON HOLD**
8:00p – RM3- Open Change – NA
8:00p – RM B - Bond Street Group – AA –Men’s - C
8:00p – Library - B.A.B.B.S – AA – Women’s – C
8:00p – Balcony - Experience, Strength, & Hope – AA – Men’s

If you would like to restart, start, or do not see your meeting, please contact Operations @ blynn@gralanoclub.org or 616-456-5709

C - Closed meeting to outside professionals and students

Thursday

9:00 AM – Balcony – Breathe Easy AA
10:00AM – Library – MAT Support Group
Noon - Balcony - Noon Balcony Group – AA
Noon - RM A - AA Lunch Group – AA
Noon - RM 1 - Surrender Group – AA
Noon - RM 3 - No First Drink – AA
5:30p – Balcony – Friendship Group – AA- C
6:00p – RM 1 – St. Stephen’s Happy Hour - AA
6:30p – LIBRARY – Women’s Way – AA
6:30p – RM A – SMART RECOVERY
6:30p – Balcony – NEW LIFE - HA
7:30p - RM 3 - Atheists, Agnostics, & Freethinkers Group Secular- AA
8:00p -Balcony- Young People in Alcoholics Anonymous

Friday

9:00 AM – Balcony– Breathe Easy AA
Noon - Balcony - Noon Balcony Group – AA
Noon - RM A - AA Lunch Group – AA
Noon - RM 1 - Surrender Group – AA
Noon - RM 3 - No First Drink – AA
Noon – RM 2 - Al-Anon Meeting
Noon – RM 4 – Keep Coming Back – NA
5:30p – Balcony – Friendship Group – AA- C
6:00p – RM 1 – St. Stephen’s Happy Hour - AA
7:00p – Balcony- KCCO Speaker MTG – AA
8:00p – Balcony – Honesty Group – AA – Men’s

Saturday

9:00 – Balcony – Breathe Easy AA
10:00 – RM 2 – AL-ANON
11:30 AM – RM A - SMART Meeting
Noon – Balcony - Men’s Stag – AA
Noon - RM 1 - Surrender Group – AA
Noon - RM 2 – Saturday Sunshine – Al-Anon
Noon – RM 3 Saturday
Noon Men’s Stag – AA -C
5:00p – RM A - SMART
5:30p – Balcony – Friendship Group – AA- C
7:30p – Sat Open to Change – NA

Sunday

9:00AM – Balcony – Breathe Easy - AA
9:30AM - RM A – Expect a Miracle - AA
9:30AM – RM 2 -Sunday Serenity – Al-Anon
9:30AM – RM 3 – The Breakfast Club - AA
11:30AM -RM A - SMART
Noon -RM 3 – Sunday Funday – AA
5:00p – RM A – SMART
5:30p – Balcony – Friendship Group – AA
7:00p – Balcony – New Life - HA
7:00p – RM 2&3 – Opening Our Hearts – Al-Anon