

Alano Club of Kent County Meeting

Schedule

1020 College Ave NE, Grand Rapids MI 49503 616-456-5709

07/21/22

Monday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – RM 2 – Steps to Serenity AFG – Al-Anon
9:00a – Balcony – Breathe Easy – AA
Noon - Balcony - Noon Balcony Group – AA
Noon - RM A - AA Lunch Group – AA
Noon - RM 1 - Surrender Group – AA
Noon - RM 3 - No First Drink – AA
Noon – RM 4 – Promise - AA
Noon – RM 5 – Keep on Growing – Women’s – AA
Noon – RM B – Keep Coming Back – NA-C
5:30p – Balcony – Friendship Group – AA- C
6:00p – RM A – Women’s Get Together – SMART
6:00p – RM 1 – Just for Today - AA
6:30p – RM 3 – Atheists, Agnostics, & Freethinkers Group
7:00p –RM 2- Friendly Fireside – Al-Anon
7:30p – Balcony -Life Club Group – Men’s Stag – C
7:30p – RM 5- Open Change - NA

Tuesday

7:30a – RM 1 – Keeps Getting Better - AA
9:00a – Balcony – Breathe Easy - AA
10:00a – RM 2 – Overeaters Anonymous
Noon– RM B – SMART Recovery
Noon – RM 2 – Blueprint for Progress – Al-Anon
Noon - Balcony - Noon Balcony Group – AA
Noon - RM A - AA Lunch Group – AA
Noon - RM 1 - Surrender Group – AA
Noon – RM 3 - No First Drink – AA
Noon – RM 4 – Promises - AA
5:30p – Balcony – Friendship Group – AA- C
6:00p – RM 1 – Just for Today – AA
6:30p – RM A – SMART Recovery
6:30p – RM 3- NA Activities Sub committees (first Tuesday of the month)
6:45p – Balcony – Refuge Recovery – Buddhist Pat
7:00p – RM4- Families Against Narcotics- 1st Tuesday of The Month
7:30p – RM 5 – Open to Change – NA

Wednesday

7:30a – RM 1 – Keeps Getting Better - AA
9:00a – Balcony – Breathe Easy - AA
9:00a – RM2- Courage to Change – Al-Anon
Noon - Balcony - Noon Balcony Group – AA
Noon - RM A - AA Lunch Group – AA
Noon - RM 1 - Surrender Group – AA
Noon – RM 2 - Al-Anon Meeting
Noon - RM 3 - No First Drink – AA
Noon – RM 4 – Promises - AA
Noon – RM B – Keep Coming Back – NA-C
1:00p – RM C- Back to Basic- AA
5:30p – Balcony – Friendship Group – AA- C
6:00p – RM 1 – Just for Today – AA
6:30p – RM A – SMART
6:30p – RM 4 – Buddhist Recovery
7:00p – Balcony – Recovery Infused Yoga
7:00p – RM 2 – Men’s Stag – Al-anon
7:30p – RM 5- Open Change – NA
8:00p – RM B - Bond Street Group – AA –Men’s - C
8:00p – Library - B.A.B.B.S – AA – Women’s – C
8:00p – RM 1 - Experience, Strength, & Hope – AA – Men’s

Thursday

7:30a – RM 1 – Keeps Getting Better - AA
9:00a – Balcony – Breathe Easy - AA
Noon - Balcony - Noon Balcony Group – AA
Noon - RM A - AA Lunch Group – AA
Noon - RM 1 - Surrender Group – AA
Noon - RM 3 - No First Drink – AA
Noon – RM 4 – Promises – AA
5:30p – Balcony – Friendship Group – AA- C
6:00p – RM 1 – Just for Today - AA
6:30p – LIBRARY – Women’s Way – AA
6:30p – RM A – SMART Recovery
7:30p - RM 3 - Atheists, Agnostics, & Freethinkers Group-AA
8:00p - Balcony- Young People of Alcoholics Anonymous

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C- Closed meeting to outside observers, students & professionals.

Friday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – Balcony– Breathe Easy - AA
11:00a- RM 5 -Fantastic Fridays (1st & 3rd Friday of the month)
Noon - Balcony - Noon Balcony Group – AA
Noon - RM A - AA Lunch Group – AA
Noon - RM 1 - Surrender Group – AA
Noon – RM C – Big Book Study - AA
Noon - RM 3 - No First Drink – AA
Noon – RM 2 – Reaching for Personal
Freedom – Al-Anon
Noon – RM 4 – Promises - AA
Noon – RM B – Keep Coming Back – NA-C
5:30p – Balcony – Friendship Group – AA- C
5:30p – RM A – SMART Recovery
6:00p – RM 1 – Just for Today – AA
7:00p – Balcony- KCCO Speaker MTG – AA
8:00p- RM 1 – Experience, Strength, and Hope- AA- Men’s

Sunday

9:00a – Balcony – Breathe Easy - AA
9:30a - RM 1 – Expect a Miracle – AA
9:30a – RM 2 -Sunday Serenity – Al-Anon
9:30a- RM 3- The Breakfast Club- AA
9:30a – RM A – Grain of Sand - AA
11:30a – RM A- SMART
Noon – RM 3- Sunday Funday-AA
5:00p – RM A- SMART Recovery
5:30p – Balcony- Friendship Group-AAC
7:00p – RM A- Heroin’s Anonymous- HA
7:00p – RM 2 – Opening Our Hearts – Al-Anon
7:00p – RM 5 – Sunday Night 12&12 – AA
7:30p – RM 4- Open to Change – NA (Speaker meeting last
Sunday of the month Room 3)

Saturday

8:30a- RM C- Food Addicts in Recovery Anonymous- FA
9:00a – Balcony – Breathe Easy - AA
9:00a – RM 3 – John Wayne Meeting – AA
10:00a – RM 2 – AL-ANON
11:30a – RM A - SMART Meeting
Noon- Library – Ala-teen
Noon – Balcony - Men’s Stag – AA
Noon - RM 1 - Surrender Group – AA
Noon - RM 2 – Saturday Sunshine – Al-Anon
5:30p – Balcony – Friendship Group – AA- C
6:30p – RM 1- Vitality - AA
7:30p – Balcony – Saturday Night Live - AA
7:30p – RM 5- Open to Change – NA
8:00p – RM 1 – Honesty Group – AA – Men’s Stag

